

The ONE
YEAR[®]
B I B L E
for NEW BELIEVERS

Arranged in 365 Daily Readings
with Notes for New Believers



New Living
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JANUARY 1

GENESIS 1:1-2:25

Plenty of ancient and modern sources try to explain how the world and humanity came to exist. The first chapters of the Bible give the definitive answer: the all-powerful God created the world and made humans to live, work, and have fellowship with him in it.

In the beginning God created the heavens and the earth.* ²The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters.

³Then God said, "Let there be light," and there was light. ⁴And God saw that the light was good. Then he separated the light from the darkness. ⁵God called the light "day" and the darkness "night."

And evening passed and morning came, marking the first day.

⁶Then God said, "Let there be a space between the waters, to separate the waters of the heavens from the waters of the earth." ⁷And that is what happened. God made this space to separate the waters of the earth from the waters of the heavens. ⁸God called the space "sky."

And evening passed and morning came, marking the second day.

⁹Then God said, "Let the waters beneath the sky flow together into one place, so dry ground may appear." And that is what happened. ¹⁰God called the dry ground "land" and the waters "seas." And God saw that it was good. ¹¹Then God said, "Let the land sprout with vegetation—every sort of seed-bearing plant, and trees that grow seed-bearing fruit. These seeds will then produce the kinds of plants and trees from which they came." And that is what happened. ¹²The land produced

vegetation—all sorts of seed-bearing plants, and trees with seed-bearing fruit. Their seeds produced plants and trees of the same kind. And God saw that it was good.

¹³And evening passed and morning came, marking the third day.

¹⁴Then God said, "Let lights appear in the sky to separate the day from the night. Let them mark off the seasons, days, and years. ¹⁵Let these lights in the sky shine down on the earth." And that is what happened. ¹⁶God made two great lights—the larger one to govern the day, and the smaller one to govern the night. He also made the stars. ¹⁷God set these lights in the sky to light the earth, ¹⁸to govern the day and night, and to separate the light from the darkness. And God saw that it was good.

¹⁹And evening passed and morning came, marking the fourth day.

²⁰Then God said, "Let the waters swarm with fish and other life. Let the skies be filled with birds of every kind." ²¹So God created great sea creatures and every living thing that scurries and swarms in the water, and every sort of bird—each producing offspring of the same kind. And God saw that it was good. ²²Then God blessed them, saying, "Be fruitful and multiply. Let the fish fill the seas, and let the birds multiply on the earth."

²³And evening passed and morning came, marking the fifth day.

²⁴Then God said, "Let the earth produce every sort of animal, each producing offspring of the same kind—livestock, small animals that scurry along the ground, and wild animals." And that is

what happened. ²⁵God made all sorts of wild animals, livestock, and small animals, each able to produce offspring of the same kind. And God saw that it was good.

²⁶Then God said, "Let us make human beings* in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground."

²⁷ So God created human beings* in his own image.
In the image of God he created them;
male and female he created them.

²⁸Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground."

²⁹Then God said, "Look! I have given you every seed-bearing plant throughout the earth and all the fruit trees for your food. ³⁰And I have given every green plant as food for all the wild animals, the birds in the sky, and the small animals that scurry along the ground—everything that has life." And that is what happened.

³¹Then God looked over all he had made, and he saw that it was very good!

And evening passed and morning came, marking the sixth day.

^{2:1}So the creation of the heavens and the earth and everything in them was completed. ²On the seventh day God had finished his work of creation, so he rested* from all his work. ³And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.

⁴This is the account of the creation of the heavens and the earth.

When the LORD God made the earth and the heavens, ⁵neither wild plants nor grains were growing on the earth. For the

LORD God had not yet sent rain to water the earth, and there were no people to cultivate the soil. ⁶Instead, springs* came up from the ground and watered all the land. ⁷Then the LORD God formed the man from the dust of the ground. He breathed the breath of life into the man's nostrils, and the man became a living person.

⁸Then the LORD God planted a garden in Eden in the east, and there he placed the man he had made. ⁹The LORD God made all sorts of trees grow up from the ground—trees that were beautiful and that produced delicious fruit. In the middle of the garden he placed the tree of life and the tree of the knowledge of good and evil.

¹⁰A river flowed from the land of Eden, watering the garden and then dividing into four branches. ¹¹The first branch, called the Pishon, flowed around the entire land of Havilah, where gold is found. ¹²The gold of that land is exceptionally pure; aromatic resin and onyx stone are also found there. ¹³The second branch, called the Gihon, flowed around the entire land of Cush. ¹⁴The third branch, called the Tigris, flowed east of the land of Asshur. The fourth branch is called the Euphrates.

¹⁵The LORD God placed the man in the Garden of Eden to tend and watch over it. ¹⁶But the LORD God warned him, "You may freely eat the fruit of every tree in the garden—¹⁷except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die."

¹⁸Then the LORD God said, "It is not good for the man to be alone. I will make a helper who is just right for him." ¹⁹So the LORD God formed from the ground all the wild animals and all the birds of the sky. He brought them to the man* to see what he would call them, and the man chose a name for each one. ²⁰He gave names to all the livestock, all the birds of the sky, and all the wild animals. But still there was no helper just right for him.

²¹So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man's ribs* and closed up the opening. ²²Then the LORD God made a woman from the rib, and he brought her to the man.

²³"At last!" the man exclaimed.

“This one is bone from my bone,
and flesh from my flesh!
She will be called ‘woman,’
because she was taken from ‘man.’”

²⁴This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

²⁵Now the man and his wife were both naked, but they felt no shame.

1:1 Or In the beginning when God created the heavens and the earth, . . . Or When God began to create the heavens and the earth, . . . 1:26 Or man; Hebrew reads adam. 1:27 Or the man; Hebrew reads ha-adam. 2:2 Or ceased; also in 2:3. 2:6 Or mist. 2:19 Or Adam, and so throughout the chapter. 2:21 Or took a part of the man's side.

MATTHEW 1:1-2:12

In the New Testament we read of the fulfillment of the promises God made in the Old Testament to send the world a Savior. Matthew was a Jew who wrote this book to show that Jesus was the fulfillment of Old Testament prophecies.

This is a record of the ancestors of Jesus the Messiah, a descendant of David* and of Abraham:

- ² Abraham was the father of Isaac.
Isaac was the father of Jacob.
Jacob was the father of Judah and his brothers.
- ³ Judah was the father of Perez and Zerah (whose mother was Tamar).
Perez was the father of Hezron.
Hezron was the father of Ram.*
- ⁴ Ram was the father of Amminadab.

Amminadab was the father of Nahshon.

Nahshon was the father of Salmon.

⁵ Salmon was the father of Boaz (whose mother was Rahab).

Boaz was the father of Obed (whose mother was Ruth).

Obed was the father of Jesse.

⁶ Jesse was the father of King David.
David was the father of Solomon (whose mother was Bathsheba, the widow of Uriah).

⁷ Solomon was the father of Rehoboam.
Rehoboam was the father of Abijah.
Abijah was the father of Asa.*

⁸ Asa was the father of Jehoshaphat.
Jehoshaphat was the father of Jehoram.*

Jehoram was the father* of Uzziah.

⁹ Uzziah was the father of Jotham.

Jotham was the father of Ahaz.
Ahaz was the father of Hezekiah.

¹⁰ Hezekiah was the father of Manasseh.
Manasseh was the father of Amon.*
Amon was the father of Josiah.

¹¹ Josiah was the father of Jehoiachin* and his brothers (born at the time of the exile to Babylon).

¹² After the Babylonian exile:
Jehoiachin was the father of Shealtiel.
Shealtiel was the father of Zerubbabel.

¹³ Zerubbabel was the father of Abiud.
Abiud was the father of Eliakim.
Eliakim was the father of Azor.

WHO GOD IS God is the Creator

GENESIS 1:1 God is the Creator of all things. Not bound by time or space, God has always existed. That's difficult for us to grasp because, as creations of God, we are finite (limited), whereas he is infinite (unlimited). Understanding and explaining God fully—for example, how it is possible that he never had a beginning or how he formed the vast universe—is beyond our capacity. However, we can gaze upon the beauty of God's creation and marvel at his goodness and power in creating all things. He loved us enough to create us and to give us a world, not of black and white, but of vibrant color, sound, smell, and even taste! • You can choose to believe the theory that you came up out of the ooze over billions of years as basically an accident of chance. Or, you can accept the Bible's statement of fact that all people—including you—are created by a God who made you because he loves you and has a purpose and plan for your life. The choice is yours.

- ¹⁴ Azor was the father of Zadok.
 Zadok was the father of Akim.
 Akim was the father of Eliud.
¹⁵ Eliud was the father of Eleazar.
 Eleazar was the father of Matthan.
 Matthan was the father of Jacob.
¹⁶ Jacob was the father of Joseph, the
 husband of Mary.
 Mary gave birth to Jesus, who is called
 the Messiah.

¹⁷All those listed above include fourteen generations from Abraham to David, fourteen from David to the Babylonian exile, and fourteen from the Babylonian exile to the Messiah.

¹⁸This is how Jesus the Messiah was born. His mother, Mary, was engaged to be married to Joseph. But before the marriage took place, while she was still a virgin, she became pregnant through the power of the Holy Spirit. ¹⁹Joseph, her fiancé, was a good man and did not want to disgrace her publicly, so he decided to break the engagement* quietly.

²⁰As he considered this, an angel of the Lord appeared to him in a dream. "Joseph, son of David," the angel said, "do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. ²¹And she will have a son, and you are to name him Jesus,* for he will save his people from their sins."

²²All of this occurred to fulfill the Lord's message through his prophet:

²³ "Look! The virgin will conceive a child!
 She will give birth to a son,
 and they will call him Immanuel,*
 which means 'God is with us.'"

²⁴When Joseph woke up, he did as the angel of the Lord commanded and took Mary as his wife. ²⁵But he did not have sexual relations with her until her son was born. And Joseph named him Jesus.

²¹JESUS was born in Bethlehem in Judea, during the reign of King Herod. About that time some wise men* from eastern lands arrived in Jerusalem, asking, ²²"Where is the newborn king of the Jews? We saw his star as it rose,* and we have come to worship him."

³King Herod was deeply disturbed

when he heard this, as was everyone in Jerusalem. ⁴He called a meeting of the leading priests and teachers of religious law and asked, "Where is the Messiah supposed to be born?"

⁵"In Bethlehem in Judea," they said, "for this is what the prophet wrote:

⁶ 'And you, O Bethlehem in the land of Judah,
 are not least among the ruling cities* of Judah,
 for a ruler will come from you
 who will be the shepherd for my
 people Israel.*"

⁷Then Herod called for a private meeting with the wise men, and he learned from them the time when the star first appeared. ⁸Then he told them, "Go to Bethlehem and search carefully for the child. And when you find him, come back and tell me so that I can go and worship him, too!"

⁹After this interview the wise men went their way. And the star they had seen in the east guided them to Bethlehem. It went ahead of them and stopped over the place where the child was. ¹⁰When they saw the star, they were filled with joy! ¹¹They entered the house and saw the child with his mother, Mary, and they bowed down and worshiped him. Then they opened their treasure chests and gave him gifts of gold, frankincense, and myrrh.

¹²When it was time to leave, they returned to their own country by another route, for God had warned them in a dream not to return to Herod.

1:1 Greek *Jesus the Messiah, son of David*. 1:3 Greek *Aram*, a variant spelling of Ram; also in 1:4. See 1 Chr 2:9-10. 1:7 Greek *Asaph*, a variant spelling of Asa; also in 1:8. See 1 Chr 3:10. 1:8a Greek *Joram*, a variant spelling of Jehoram; also in 1:8b. See 1 Kgs 22:50 and note at 1 Chr 3:11. 1:8b Or *ancestor*; also in 1:11. 1:10 Greek *Amos*, a variant spelling of Amon; also in 1:10b. See 1 Chr 3:14. 1:11 Greek *Jeconiah*, a variant spelling of Jehoiachin; also in 1:12. See 2 Kgs 24:6 and note at 1 Chr 3:16. 1:19 Greek *to divorce her*. 1:21 *Jesus* means "The Lord saves." 1:23 Isa 7:14; 8:8, 10 (Greek version). 2:1 Or *royal astrologers*; Greek reads *magi*; also in 2:7, 16. 2:2 Or *star in the east*. 2:6a Greek *the rulers*. 2:6b Mic 5:2; 2 Sam 5:2.

PSALM 1:1-6

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers.

² But they delight in the law of the LORD, meditating on it day and night.

- ³ They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.
- ⁴ But not the wicked! They are like worthless chaff, scattered by the wind.
- ⁵ They will be condemned at the time of judgment. Sinners will have no place among the godly.
- ⁶ For the LORD watches over the path of the godly, but the path of the wicked leads to destruction.

GENESIS 3:1-4:26

When God created people, he created them with the ability to choose. He could have made robots, but he didn't. He wanted to create people who would obey him because they loved him and chose to do so. But there was risk involved. Read what Adam and Eve did with their opportunity to choose.

The serpent was the shrewdest of all the wild animals the LORD God had made. One day he asked the woman, "Did God really say you must not eat the fruit from any of the trees in the garden?"

²"Of course we may eat fruit from the trees in the garden," the woman replied. ³"It's only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, 'You must not eat it or even touch it; if you do, you will die.'"

⁴"You won't die!" the serpent replied to the woman. ⁵"God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil."

⁶The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he

PROVERBS 1:1-6

These are the proverbs of Solomon, David's son, king of Israel. □ Their purpose is to teach people wisdom and discipline, to help them understand the insights of the wise. Their purpose is to teach people to live disciplined and successful lives, to help them do what is right, just, and fair. These proverbs will give insight to the simple, knowledge and discernment to the young. □ Let the wise listen to these proverbs and become even wiser. Let those with understanding receive guidance by exploring the meaning in these proverbs and parables, the words of the wise and their riddles.

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ate it, too. ⁷At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.

⁸When the cool evening breezes were blowing, the man* and his wife heard the LORD God walking about in the garden. So they hid from the LORD God among the trees. ⁹Then the LORD God called to the man, "Where are you?"

¹⁰He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked."

¹¹"Who told you that you were naked?" the LORD God asked. "Have you eaten from the tree whose fruit I commanded you not to eat?"

¹²The man replied, "It was the woman you gave me who gave me the fruit, and I ate it."

¹³Then the LORD God asked the woman, "What have you done?"

"The serpent deceived me," she replied. "That's why I ate it."

¹⁴Then the LORD God said to the serpent, "Because you have done this, you are cursed more than all animals, domestic and wild.

You will crawl on your belly,

groveling in the dust as long as you live.

15 And I will cause hostility between you and the woman, and between your offspring and her offspring.

He will strike* your head, and you will strike his heel."

16 Then he said to the woman,

"I will sharpen the pain of your pregnancy, and in pain you will give birth. And you will desire to control your husband, but he will rule over you.*"

17 And to the man he said,

"Since you listened to your wife and ate from the tree whose fruit I commanded you not to eat, the ground is cursed because of you. All your life you will struggle to scratch a living from it.

18 It will grow thorns and thistles for you, though you will eat of its grains.

19 By the sweat of your brow will you have food to eat until you return to the ground from which you were made. For you were made from dust, and to dust you will return."

20 Then the man—Adam—named his wife Eve, because she would be the mother of all who live.* 21 And the LORD God made clothing from animal skins for Adam and his wife.

22 Then the LORD God said, "Look, the human beings* have become like us, knowing both good and evil. What if they reach out, take fruit from the tree of life, and eat it? Then they will live forever!"

23 So the LORD God banished them from the Garden of Eden, and he sent Adam out to cultivate the ground from which he had been made. 24 After sending them out, the LORD God stationed mighty cherubim to the east of the Garden of Eden. And he placed a flaming sword that flashed back and forth to guard the way to the tree of life.

4:1 Now Adam* had sexual relations with his wife, Eve, and she became pregnant. When she gave birth to Cain, she said, "With the LORD's help, I have produced* a man!" 2 Later she gave birth to his brother and named him Abel.

When they grew up, Abel became a shepherd, while Cain cultivated the ground. 3 When it was time for the harvest, Cain presented some of his crops as a gift to the LORD. 4 Abel also brought a gift—the best of the firstborn lambs from his flock. The LORD accepted Abel and his gift, 5 but he did not accept Cain and his gift. This made Cain very angry, and he looked dejected.

6 "Why are you so angry?" the LORD asked Cain. "Why do you look so dejected? 7 You will be accepted if you do what is right. But if you refuse to do what is right, then watch out! Sin is crouching at the door, eager to control you. But you must subdue it and be its master."

8 One day Cain suggested to his brother, "Let's go out into the fields."* And while they were in the field, Cain attacked his brother, Abel, and killed him.

9 Afterward the LORD asked Cain, "Where is your brother? Where is Abel?" "I don't know," Cain responded. "Am I my brother's guardian?"

10 But the LORD said, "What have you done? Listen! Your brother's blood cries out to me from the ground! 11 Now you are cursed and banished from the ground, which has swallowed your brother's blood. 12 No longer will the ground yield good crops for you, no matter how hard you work! From now on you will be a homeless wanderer on the earth."

13 Cain replied to the LORD, "My punishment* is too great for me to bear! 14 You have banished me from the land and from your presence; you have made me a homeless wanderer. Anyone who finds me will kill me!"

15 The LORD replied, "No, for I will give a sevenfold punishment to anyone who kills you." Then the LORD put a mark on Cain to warn anyone who might try to kill him. 16 So Cain left the LORD's presence and settled in the land of Nod,* east of Eden.

17 Cain had sexual relations with his wife, and she became pregnant and gave

birth to Enoch. Then Cain founded a city, which he named Enoch, after his son.¹⁸ Enoch had a son named Irad. Irad became the father of* Mehujael. Mehujael became the father of Methushael. Methushael became the father of Lamech.

¹⁹Lamech married two women. The first was named Adah, and the second was Zillah.²⁰ Adah gave birth to Jabal, who was the first of those who raise livestock and live in tents.²¹ His brother's name was Jubal, the first of all who play the harp and flute.²² Lamech's other wife, Zillah, gave birth to a son named Tubal-cain. He became an expert in forging tools of bronze and iron. Tubal-cain had a sister named Naamah.²³ One day Lamech said to his wives,

"Adah and Zillah, hear my voice;
listen to me, you wives of Lamech.
I have killed a man who attacked me,
a young man who wounded me.

²⁴ If someone who kills Cain is punished seven times,
then the one who kills me will be
punished seventy-seven times!"

²⁵ Adam had sexual relations with his wife again, and she gave birth to another son. She named him Seth,* for she said, "God has granted me another son in place of Abel, whom Cain killed."²⁶ When Seth

grew up, he had a son and named him Enosh. At that time people first began to worship the LORD by name.

3:8 Or Adam, and so throughout the chapter. 3:15 Or bruise; also in 3:15b. 3:16 Or And though you will have desire for your husband, / he will rule over you. 3:20 Eve sounds like a Hebrew term that means "to give life."

3:22 Or the man; Hebrew reads ha-adam. 4:1a Or the man; also in 4:25. 4:1b Or I have acquired. Cain sounds like a Hebrew term that can mean "produce" or "acquire."

4:8 As in Samaritan Pentateuch, Greek and Syriac versions, and Latin Vulgate; Masoretic Text lacks "Let's go out into the fields." 4:13 Or My sin. 4:16 Nod means "wandering."

4:18 Or the ancestor of, and so throughout the verse. 4:25 Seth probably means "granted"; the name may also mean "appointed."

MATTHEW 2:13-3:6

Satan has been making trouble ever since he first tempted Eve in the Garden. You'll find him again in today's reading. This time he tried to get rid of the baby Jesus. Why do you think Satan wanted to get rid of Jesus?

After the wise men were gone, an angel of the Lord appeared to Joseph in a dream. "Get up! Flee to Egypt with the child and his mother," the angel said. "Stay there until I tell you to return, because Herod is going to search for the child to kill him."

¹⁴ That night Joseph left for Egypt with the child and Mary, his mother,¹⁵ and they stayed there until Herod's death. This fulfilled what the Lord had spoken through the prophet: "I called my Son out of Egypt."*

WHAT THE BIBLE SAYS Is the Bible reliable?

GENESIS 3:6 To some it might seem old-fashioned to take seriously stories like Noah's ark, David and Goliath, Jonah and the fish—and even Eve and the serpent. However, as a new believer you need to accept the reliability of God's Word. If you decide not to believe these stories, how can you then believe the Bible when it says you've been saved and that you're going to heaven? You can't pick and choose what parts of the Bible to accept and what parts to set aside. • Why believe the Bible? Because it contains God's very own words. He spoke through human writers, but it was he who was speaking nonetheless. The Bible was written across thousands of years, yet the entire message holds together perfectly. Its overall plot tells us who God is, why the world is the way it is, why we are the way we are, what God did to rescue us, and what the future holds. The story of Eve's encounter with the serpent is a vital part of the plot. It explains how sin came into the world and who our enemy is (Satan). This was the tragic event that ultimately led to God's sending the Savior, Jesus Christ.

¹⁶Herod was furious when he realized that the wise men had outwitted him. He sent soldiers to kill all the boys in and around Bethlehem who were two years old and under, based on the wise men's report of the star's first appearance. ¹⁷Herod's brutal action fulfilled what God had spoken through the prophet Jeremiah:

¹⁸ "A cry was heard in Ramah—
weeping and great mourning.
Rachel weeps for her children,
refusing to be comforted,
for they are dead."^{*}

¹⁹When Herod died, an angel of the Lord appeared in a dream to Joseph in Egypt. ²⁰"Get up!" the angel said. "Take the child and his mother back to the land of Israel, because those who were trying to kill the child are dead."

²¹So Joseph got up and returned to the land of Israel with Jesus and his mother. ²²But when he learned that the new ruler of Judea was Herod's son Archelaus, he was afraid to go there. Then, after being warned in a dream, he left for the region of Galilee. ²³So the family went and lived in a town called Nazareth. This fulfilled what the prophets had said: "He will be called a Nazarene."

^{3:1}In those days John the Baptist came to the Judean wilderness and began preaching. His message was, ²"Repent of your sins and turn to God, for the Kingdom of Heaven is near."^{*} ³The prophet Isaiah was speaking about John when he said,

"He is a voice shouting in the wilderness,
'Prepare the way for the LORD's coming!
Clear the road for him!'"^{*}

⁴John's clothes were woven from coarse camel hair, and he wore a leather belt around his waist. For food he ate locusts and wild honey. ⁵People from Jerusalem and from all of Judea and all over the Jordan Valley went out to see and hear John. ⁶And when they confessed their sins, he baptized them in the Jordan River.

2:15 Hos 11:1. 2:18 Jer 31:15. 3:2 Or *has come, or is coming soon*. 3:3 Isa 40:3 (Greek version).

PSALM 2:1-12

Why are the nations so angry?
Why do they waste their time with futile plans?

- ² The kings of the earth prepare for battle;
the rulers plot together
against the LORD
and against his anointed one.
- ³ "Let us break their chains," they cry,
"and free ourselves from slavery
to God."
- ⁴ But the one who rules in heaven
laughs.
The Lord scoffs at them.
- ⁵ Then in anger he rebukes them,
terrifying them with his fierce
fury.
- ⁶ For the Lord declares, "I have placed
my chosen king on the throne
in Jerusalem,* on my holy
mountain."
- ⁷ The king proclaims the LORD's
decree:
"The LORD said to me, 'You are my
son.*
Today I have become your
Father.*"
- ⁸ Only ask, and I will give you the
nations as your inheritance,
the whole earth as your
possession.
- ⁹ You will break* them with an
iron rod
and smash them like clay pots."^{*}
- ¹⁰ Now then, you kings, act wisely!
Be warned, you rulers of the
earth!
- ¹¹ Serve the LORD with reverent fear,
and rejoice with trembling.
- ¹² Submit to God's royal son,* or he
will become angry,
and you will be destroyed
in the midst of all your
activities—
for his anger flares up in an
instant.
But what joy for all who take
refuge in him!

2:6 Hebrew *on Zion*. 2:7a Or *Son*; also in 2:12. 2:7b Or *Today I reveal you as my son*. 2:9 Greek version reads *rule*. Compare Rev 2:27. 2:12 The meaning of the Hebrew is uncertain.

PROVERBS 1:7-9

Fear of the LORD is the foundation of true knowledge, but fools despise wisdom and discipline. □My child,* listen when your father corrects you. Don't ne-

glect your mother's instruction. What you learn from them will crown you with grace and be a chain of honor around your neck.

1:8 Hebrew *My son*; also in 1:10, 15.

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GENESIS 5:1-7:24

Yesterday you read how sin entered the human race; today you will begin to see how quickly sin spread and what devastation it caused. It got so bad, in fact, that God decided to basically start over with humanity.

This is the written account of the descendants of Adam. When God created human beings,* he made them to be like himself. ²He created them male and female, and he blessed them and called them "human."

- ³When Adam was 130 years old, he became the father of a son who was just like him—in his very image. He named his son Seth. ⁴After the birth of Seth, Adam lived another 800 years, and he had other sons and daughters. ⁵Adam lived 930 years, and then he died.
- ⁶When Seth was 105 years old, he became the father of* Enosh. ⁷After the birth of* Enosh, Seth lived another 807 years, and he had other sons and daughters. ⁸Seth lived 912 years, and then he died.
- ⁹When Enosh was 90 years old, he became the father of Kenan. ¹⁰After the birth of Kenan, Enosh lived another 815 years, and he had other sons and daughters. ¹¹Enosh lived 905 years, and then he died.
- ¹²When Kenan was 70 years old, he became the father of Mahalalel. ¹³After the birth of Mahalalel, Kenan lived another 840 years, and he had other sons and daughters. ¹⁴Kenan lived 910 years, and then he died.
- ¹⁵When Mahalalel was 65 years old, he became the father of Jared. ¹⁶After the

birth of Jared, Mahalalel lived another 830 years, and he had other sons and daughters. ¹⁷Mahalalel lived 895 years, and then he died.

- ¹⁸When Jared was 162 years old, he became the father of Enoch. ¹⁹After the birth of Enoch, Jared lived another 800 years, and he had other sons and daughters. ²⁰Jared lived 962 years, and then he died.
- ²¹When Enoch was 65 years old, he became the father of Methuselah. ²²After the birth of Methuselah, Enoch lived in close fellowship with God for another 300 years, and he had other sons and daughters. ²³Enoch lived 365 years, ²⁴walking in close fellowship with God. Then one day he disappeared, because God took him.
- ²⁵When Methuselah was 187 years old, he became the father of Lamech. ²⁶After the birth of Lamech, Methuselah lived another 782 years, and he had other sons and daughters. ²⁷Methuselah lived 969 years, and then he died.
- ²⁸When Lamech was 182 years old, he became the father of a son. ²⁹Lamech named his son Noah, for he said, "May he bring us relief* from our work and the painful labor of farming this ground that the LORD has cursed." ³⁰After the birth of Noah, Lamech lived another 595 years, and he had other sons and daughters. ³¹Lamech lived 777 years, and then he died.
- ³²By the time Noah was 500 years old, he was the father of Shem, Ham, and Japheth.

^{6:1}THEN the people began to multiply on the earth, and daughters were born to them. ²The sons of God saw the beautiful women* and took any they wanted as their wives. ³Then the LORD said, "My Spirit will not put up with* humans for such a long time, for they are only mortal flesh. In the future, their normal lifespan will be no more than 120 years."

⁴In those days, and for some time after, giant Nephilites lived on the earth, for whenever the sons of God had intercourse with women, they gave birth to children who became the heroes and famous warriors of ancient times.

⁵The LORD observed the extent of human wickedness on the earth, and he saw that everything they thought or imagined was consistently and totally evil. ⁶So the LORD was sorry he had ever made them and put them on the earth. It broke his heart. ⁷And the LORD said, "I will wipe this human race I have created from the face of the earth. Yes, and I will destroy every living thing—all the people, the large animals, the small animals that scurry along the ground, and even the birds of the sky. I am sorry I ever made them." ⁸But Noah found favor with the LORD.

⁹This is the account of Noah and his family. Noah was a righteous man, the only blameless person living on earth at the time, and he walked in close fellowship with God. ¹⁰Noah was the father of three sons: Shem, Ham, and Japheth.

¹¹Now God saw that the earth had become corrupt and was filled with violence. ¹²God observed all this corruption in the world, for everyone on earth was corrupt. ¹³So God said to Noah, "I have decided to destroy all living creatures, for they have filled the earth with violence. Yes, I will wipe them all out along with the earth!

¹⁴"Build a large boat* from cypress wood* and waterproof it with tar, inside and out. Then construct decks and stalls throughout its interior. ¹⁵Make the boat 450 feet long, 75 feet wide, and 45 feet high.* ¹⁶Leave an 18-inch opening* below the roof all the way around the boat. Put the door on the side, and build three decks inside the boat—lower, middle, and upper.

¹⁷"Look! I am about to cover the earth with a flood that will destroy every living thing that breathes. Everything on earth will die. ¹⁸But I will confirm my covenant with you. So enter the boat—you and your wife and your sons and their wives. ¹⁹Bring a pair of every kind of animal—a male and a female—into the boat with you to keep them alive during the flood. ²⁰Pairs of every kind of bird, and every kind of animal, and every kind of small animal that scurries along the ground, will come to you to be kept alive. ²¹And be sure to take on board enough food for your family and for all the animals."

²²So Noah did everything exactly as God had commanded him.

^{7:1}WHEN everything was ready, the LORD said to Noah, "Go into the boat with all your family, for among all the people of the earth, I can see that you alone are righteous. ²Take with you seven pairs—male and female—of each animal I have approved for eating and for sacrifice,* and take one pair of each of the others. ³Also take seven pairs of every kind of bird. There must be a male and a female in each pair to ensure that all life will survive on the earth after the flood. ⁴Seven days from now I will make the rains pour down on the earth. And it will rain for forty days and forty nights, until I have wiped from the earth all the living things I have created."

⁵So Noah did everything as the LORD commanded him.

⁶Noah was 600 years old when the flood covered the earth. ⁷He went on board the boat to escape the flood—he and his wife and his sons and their wives. ⁸With them were all the various kinds of animals—those approved for eating and for sacrifice and those that were not—along with all the birds and the small animals that scurry along the ground. ⁹They entered the boat in pairs, male and female, just as God had commanded Noah. ¹⁰After seven days, the waters of the flood came and covered the earth.

¹¹When Noah was 600 years old, on the seventeenth day of the second month, all the underground waters erupted from the earth, and the rain fell in mighty torrents

from the sky. ¹²The rain continued to fall for forty days and forty nights.

¹³That very day Noah had gone into the boat with his wife and his sons—Shem, Ham, and Japheth—and their wives. ¹⁴With them in the boat were pairs of every kind of animal—domestic and wild, large and small—along with birds of every kind. ¹⁵Two by two they came into the boat, representing every living thing that breathes. ¹⁶A male and female of each kind entered, just as God had commanded Noah. Then the LORD closed the door behind them.

¹⁷For forty days the floodwaters grew deeper, covering the ground and lifting the boat high above the earth. ¹⁸As the waters rose higher and higher above the ground, the boat floated safely on the surface. ¹⁹Finally, the water covered even the highest mountains on the earth, ²⁰rising more than twenty-two feet* above the highest peaks. ²¹All the living things on earth died—birds, domestic animals, wild animals, small animals that scurry along the ground, and all the people. ²²Everything that breathed and lived on dry land died. ²³God wiped out every living thing on the earth—people, livestock, small animals that scurry along the ground, and the birds of the sky. All

were destroyed. The only people who survived were Noah and those with him in the boat. ²⁴And the floodwaters covered the earth for 150 days.

5:1 Or man; Hebrew reads adam; similarly in 5:2. 5:6 Or the ancestor of; also in 5:9, 12, 15, 18, 21, 25. 5:7 Or the birth of this ancestor of; also in 5:10, 13, 16, 19, 22, 26. 5:29 Noah sounds like a Hebrew term that can mean "relief" or "comfort." 6:2 Hebrew daughters of men; also in 6:4. 6:3 Greek version reads will not remain in. 6:14a Traditionally rendered an ark. 6:14b Or gopher wood. 6:15 Hebrew 300 cubits [138 meters] long, 50 cubits [23 meters] wide, and 30 cubits [13.8 meters] high. 6:16 Hebrew an opening of 1 cubit [46 centimeters]. 7:2 Hebrew of each clean animal; similarly in 7:8. 7:20 Hebrew 15 cubits [6.9 meters].

MATTHEW 3:7-4:11

Jesus had John the Baptist baptize him—not in repentance for sin (Jesus was sinless), but in order for Jesus to identify with the people to whom he would be ministering. Before commencing his ministry, however, Jesus faced a period of temptation by Satan. Take note of the ways Satan tempted Jesus and the ways Jesus responded.

But when he [John] saw many Pharisees and Sadducees coming to watch him baptize,* he denounced them. "You brood of snakes!" he exclaimed. "Who warned you to flee God's coming wrath? ⁸Prove by the way you live that you have repented of your sins and turned to God. ⁹Don't just say to each other, 'We're safe, for we are descendants of Abraham.' That

HOW WE LIVE Resisting temptation

MATTHEW 4:1-2 The same Satan who tempted Eve in the Garden of Eden and tried to kill the infant Jesus was at it again. Satan arrived after Jesus had not eaten for forty days, waiting until Jesus was the most vulnerable before he slithered in with his temptations. First temptation on the menu: bread. Second temptation: testing God. Third temptation: pride and power. Satan misquoted Scripture in order to back up his temptations! Unfortunately for him, Jesus understood the true intent of those verses and countered by quoting Scripture accurately and effectively. • Now that you are a follower of Jesus Christ, Satan is going to try to draw you away by tempting you to disobey God's Word. He is going to hit you when and where you're most vulnerable. Remember that it's not a sin to be tempted—Jesus was tempted, and Jesus never sinned. The sin happens when you give in to temptation. You can avoid giving in by making up your mind ahead of time to do what you know is right. Keep reading the Bible; underline verses that show you what to do in areas where you are vulnerable. Use those verses to help you the next time Satan slithers your way.

means nothing, for I tell you, God can create children of Abraham from these very stones. ¹⁰Even now the ax of God's judgment is poised, ready to sever the roots of the trees. Yes, every tree that does not produce good fruit will be chopped down and thrown into the fire.

¹¹"I baptize with* water those who repent of their sins and turn to God. But someone is coming soon who is greater than I am—so much greater that I'm not worthy even to be his slave and carry his sandals. He will baptize you with the Holy Spirit and with fire.* ¹²He is ready to separate the chaff from the wheat with his winnowing fork. Then he will clean up the threshing area, gathering the wheat into his barn but burning the chaff with never-ending fire."

¹³Then Jesus went from Galilee to the Jordan River to be baptized by John. ¹⁴But John tried to talk him out of it. "I am the one who needs to be baptized by you," he said, "so why are you coming to me?"

¹⁵But Jesus said, "It should be done, for we must carry out all that God requires.*" So John agreed to baptize him.

¹⁶After his baptism, as Jesus came up out of the water, the heavens were opened* and he saw the Spirit of God descending like a dove and settling on him. ¹⁷And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."

^{4:1}THEN Jesus was led by the Spirit into the wilderness to be tempted there by the devil. ²For forty days and forty nights he fasted and became very hungry.

³During that time the devil* came and said to him, "If you are the Son of God, tell these stones to become loaves of bread."

⁴But Jesus told him, "No! The Scriptures say,

'People do not live by bread alone, but by every word that comes from the mouth of God.*"

⁵Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple, ⁶and said, "If you are the Son of God, jump off! For the Scriptures say,

'He will order his angels to protect you.

And they will hold you up with their hands so you won't even hurt your foot on a stone.*"

⁷Jesus responded, "The Scriptures also say, 'You must not test the LORD your God.*"

⁸Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory. ⁹"I will give it all to you," he said, "if you will kneel down and worship me."

¹⁰"Get out of here, Satan," Jesus told him. "For the Scriptures say,

'You must worship the LORD your God and serve only him.*"

¹¹Then the devil went away, and angels came and took care of Jesus.

3:7 Or coming to be baptized. 3:11a Or in. 3:11b Or in the Holy Spirit and in fire. 3:15 Or for we must fulfill all righteousness. 3:16 Some manuscripts read opened to him. 4:3 Greek the tempter. 4:4 Deut 8:3. 4:6 Ps 91:11-12. 4:7 Deut 6:16. 4:10 Deut 6:13.

PSALM 3:1-8

A psalm of David, regarding the time David fled from his son Absalom.

¹ **○** LORD, I have so many enemies; so many are against me.

² So many are saying, "God will never rescue him!"

*Interlude**

³ But you, O LORD, are a shield around me; you are my glory, the one who holds my head high.

⁴ I cried out to the LORD, and he answered me from his holy mountain. *Interlude*

⁵ I lay down and slept, yet I woke up in safety, for the LORD was watching over me.

⁶ I am not afraid of ten thousand enemies who surround me on every side.

⁷ Arise, O LORD!
Rescue me, my God!
Slap all my enemies in the face!
Shatter the teeth of the wicked!

⁸ Victory comes from you, O LORD.
May you bless your people.

Interlude

3:2 Hebrew *Selah*. The meaning of this word is uncertain, though it is probably a musical or literary term. It is rendered *Interlude* throughout the Psalms.

PROVERBS 1:10-19

My child, if sinners entice you, turn your back on them! They may say, "Come and join us. Let's hide and kill someone! Just for fun, let's ambush the innocent! Let's swallow them alive, like the grave*¹; let's swallow them whole, like those who go

down to the pit of death. Think of the great things we'll get! We'll fill our houses with all the stuff we take. Come, throw in your lot with us; we'll all share the loot." □ My child, don't go along with them! Stay far away from their paths. They rush to commit evil deeds. They hurry to commit murder. If a bird sees a trap being set, it knows to stay away. But these people set an ambush for themselves; they are trying to get themselves killed. Such is the fate of all who are greedy for money; it robs them of life.

1:12 Hebrew *like Sheol*.

JANUARY 4

GENESIS 8:1-10:32

Noah obeyed God, built a boat, and began his year-long voyage. When the flood ended, God made a promise to Noah—and to us. That wonderful promise is in today's reading. Let it remind you that God keeps all of his promises.

But God remembered Noah and all the wild animals and livestock with him in the boat. He sent a wind to blow across the earth, and the floodwaters began to recede. ²The underground waters stopped flowing, and the torrential rains from the sky were stopped. ³So the floodwaters gradually receded from the earth. After 150 days, ⁴exactly five months from the time the flood began,* the boat came to rest on the mountains of Ararat. ⁵Two and a half months later,* as the waters continued to go down, other mountain peaks became visible.

⁶After another forty days, Noah opened the window he had made in the boat ⁷and released a raven. The bird flew back and forth until the floodwaters on the earth had dried up. ⁸He also released a dove to see if the water had receded and it could find dry ground. ⁹But the dove could find no place to land because the water still covered the ground. So it returned to the boat, and Noah held out his hand and drew the dove back inside. ¹⁰After waiting

another seven days, Noah released the dove again. ¹¹This time the dove returned to him in the evening with a fresh olive leaf in its beak. Then Noah knew that the floodwaters were almost gone. ¹²He waited another seven days and then released the dove again. This time it did not come back.

¹³Noah was now 601 years old. On the first day of the new year, ten and a half months after the flood began,* the floodwaters had almost dried up from the earth. Noah lifted back the covering of the boat and saw that the surface of the ground was drying. ¹⁴Two more months went by,* and at last the earth was dry!

¹⁵Then God said to Noah, ¹⁶"Leave the boat, all of you—you and your wife, and your sons and their wives. ¹⁷Release all the animals—the birds, the livestock, and the small animals that scurry along the ground—so they can be fruitful and multiply throughout the earth."

¹⁸So Noah, his wife, and his sons and their wives left the boat. ¹⁹And all of the large and small animals and birds came out of the boat, pair by pair.

²⁰Then Noah built an altar to the LORD, and there he sacrificed as burnt offerings the animals and birds that had been

approved for that purpose.* ²¹And the LORD was pleased with the aroma of the sacrifice and said to himself, "I will never again curse the ground because of the human race, even though everything they think or imagine is bent toward evil from childhood. I will never again destroy all living things. ²²As long as the earth remains, there will be planting and harvest, cold and heat, summer and winter, day and night."

^{9:1}THEN God blessed Noah and his sons and told them, "Be fruitful and multiply. Fill the earth. ²All the animals of the earth, all the birds of the sky, all the small animals that scurry along the ground, and all the fish in the sea will look on you with fear and terror. I have placed them in your power. ³I have given them to you for food, just as I have given you grain and vegetables. ⁴But you must never eat any meat that still has the lifeblood in it.

⁵"And I will require the blood of anyone who takes another person's life. If a wild animal kills a person, it must die. And anyone who murders a fellow human must die. ⁶If anyone takes a human life, that person's life will also be taken by human hands. For God made human beings* in his own image. ⁷Now be fruitful and multiply, and repopulate the earth."

⁸Then God told Noah and his sons, ⁹"I hereby confirm my covenant with you and your descendants, ¹⁰and with all the animals that were on the boat with you—the birds, the livestock, and all the wild animals—every living creature on earth. ¹¹Yes, I am confirming my covenant with you. Never again will floodwaters kill all living creatures; never again will a flood destroy the earth."

¹²Then God said, "I am giving you a sign of my covenant with you and with all living creatures, for all generations to come. ¹³I have placed my rainbow in the clouds. It is the sign of my covenant with you and with all the earth. ¹⁴When I send clouds over the earth, the rainbow will appear in the clouds, ¹⁵and I will remember my covenant with you and with all living creatures. Never again will the floodwaters destroy all life. ¹⁶When I see the rainbow in the clouds, I will remember the eternal

covenant between God and every living creature on earth." ¹⁷Then God said to Noah, "Yes, this rainbow is the sign of the covenant I am confirming with all the creatures on earth."

¹⁸The sons of Noah who came out of the boat with their father were Shem, Ham, and Japheth. (Ham is the father of Canaan.) ¹⁹From these three sons of Noah came all the people who now populate the earth.

²⁰After the flood, Noah began to cultivate the ground, and he planted a vineyard. ²¹One day he drank some wine he had made, and he became drunk and lay naked inside his tent. ²²Ham, the father of Canaan, saw that his father was naked and went outside and told his brothers. ²³Then Shem and Japheth took a robe, held it over their shoulders, and backed into the tent to cover their father. As they did this, they looked the other way so they would not see him naked.

²⁴When Noah woke up from his stupor, he learned what Ham, his youngest son, had done. ²⁵Then he cursed Canaan, the son of Ham:

"May Canaan be cursed!

May he be the lowest of servants
to his relatives."

²⁶Then Noah said,

"May the LORD, the God of Shem,
be blessed,

and may Canaan be his servant!

²⁷ May God expand the territory of
Japheth!

May Japheth share the prosperity
of Shem,*

and may Canaan be his servant."

²⁸Noah lived another 350 years after the great flood. ²⁹He lived 950 years, and then he died.

^{10:1}THIS is the account of the families of Shem, Ham, and Japheth, the three sons of Noah. Many children were born to them after the great flood.

²The descendants of Japheth were Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras.

³The descendants of Gomer were Ashkenaz, Riphath, and Togarmah.

⁴The descendants of Javan were Elishah,

Tarshish, Kittim, and Rodanim.*

⁵Their descendants became the seafaring peoples that spread out to various lands, each identified by its own language, clan, and national identity.

⁶The descendants of Ham were Cush, Mizraim, Put, and Canaan.

⁷The descendants of Cush were Seba, Havilah, Sabtah, Raamah, and Sabteca. The descendants of Raamah were Sheba and Dedan.

⁸Cush was also the ancestor of Nimrod, who was the first heroic warrior on earth. ⁹Since he was the greatest hunter in the world,* his name became proverbial. People would say, “This man is like Nimrod, the greatest hunter in the world.” ¹⁰He built his kingdom in the land of Babylonia,* with the cities of Babylon, Erech, Akkad, and Calneh. ¹¹From there he expanded his territory to Assyria,* building the cities of Nineveh, Rehoboth-ir, Calah, ¹²and Resen (the great city located between Nineveh and Calah).

¹³Mizraim was the ancestor of the Ludites, Anamites, Lehabites, Naphtuhites, ¹⁴Pathrusites, Casluhites, and the Caphtorites, from whom the Philistines came.*

¹⁵Canaan’s oldest son was Sidon, the ancestor of the Sidonians. Canaan was also the ancestor of the Hittites, ¹⁶Jebusites, Amorites, Girgashites, ¹⁷Hivites, Arkites, Sinites, ¹⁸Arvadites, Zemarites, and Hamathites. The Canaanite clans eventually spread out, ¹⁹and the territory of Canaan extended from Sidon in the north to Gerar and Gaza in the south, and east as far as Sodom, Gomorrah, Admah, and Zeboiim, near Lasha.

²⁰These were the descendants of Ham, identified by clan, language, territory, and national identity.

²¹Sons were also born to Shem, the older brother of Japheth.* Shem was the ancestor of all the descendants of Eber.

²²The descendants of Shem were Elam, Asshur, Arphaxad, Lud, and Aram.

²³The descendants of Aram were Uz, Hul, Gether, and Mash.

²⁴Arphaxad was the father of Shelah,* and Shelah was the father of Eber.

²⁵Eber had two sons. The first was named Peleg (which means “division”), for during his lifetime the people of the world were divided into different language groups. His brother’s name was Joktan.

HOW WE LIVE Obeying God

MATTHEW 4:18-20 Today’s first two readings include the topic of obedience. Noah obeyed God by building a boat long before rain had ever fallen; he obeyed God when he stayed in the boat; he obeyed God when he got off the boat and built an altar. His radical obedience saved his life and the lives of his family members. • Several hundred years later, fishermen standing beside the Sea of Galilee also acted with radical obedience. Jesus called them to follow him, and they did. For all of them, this was the change of a lifetime. They would never go back. Their radical obedience would change the world. • Obedience is a threatening word in today’s culture, but it need not be that way. Obeying God means that your life is constantly changing for the better. You seek to do what you know God would want you to do. You still have freedom to make choices, and at times you will make the wrong choice—everybody does! But as you get to know God and his Word better, you’ll learn how to live in a way that pleases him. The more you obey him, the more you’ll find that doing so brings deep, long-lasting fulfillment and joy.

²⁶Joktan was the ancestor of Almodad, Sheleph, Hazarmaveth, Jerah, ²⁷Hadoram, Uzal, Diklah, ²⁸Obal, Abimael, Sheba, ²⁹Ophir, Havilah, and Jobab. All these were descendants of Joktan. ³⁰The territory they occupied extended from Mesha all the way to Sephar in the eastern mountains.

³¹These were the descendants of Shem, identified by clan, language, territory, and national identity.

³²These are the clans that descended from Noah's sons, arranged by nation according to their lines of descent. All the nations of the earth descended from these clans after the great flood.

8:4 Hebrew *on the seventeenth day of the seventh month*; see 7:11. **8:5** Hebrew *On the first day of the tenth month*; see 7:11 and note on 8:4. **8:13** Hebrew *On the first day of the first month*; see 7:11. **8:14** Hebrew *The twenty-seventh day of the second month arrived*; see note on 8:13. **8:20** Hebrew *every clean animal and every clean bird*. **9:6** Or *man*; Hebrew reads *ha-adam*. **9:27** Hebrew *May he live in the tents of Shem*. **10:4** As in some Hebrew manuscripts and Greek version (see also 1 Chr 1:7); most Hebrew manuscripts read *Dodanim*. **10:9** Hebrew *a great hunter before the LORD*; also in 10:9b. **10:10** Hebrew *Shinar*. **10:11** Or *From that land Assyria went out*. **10:14** Hebrew *Casluhites, from whom the Philistines came, and Caphtorites*. Compare Jer 47:4; Amos 9:7. **10:21** Or *Shem, whose older brother was Japheth*. **10:24** Greek version reads *Arphaxad was the father of Cainan, Cainan was the father of Shelah*. Compare Luke 3:36.

MATTHEW 4:12-25

Early in his ministry, Jesus preached the Good News, taught the Scriptures, and healed people all throughout the region of Galilee. In today's reading, Jesus chooses some of the men who would be his closest companions. Into them he would pour his time and teaching.

When Jesus heard that John had been arrested, he left Judea and returned to Galilee. ¹³He went first to Nazareth, then left there and moved to Capernaum, beside the Sea of Galilee, in the region of Zebulun and Naphtali. ¹⁴This fulfilled what God said through the prophet Isaiah:

¹⁵ "In the land of Zebulun and of Naphtali,
beside the sea, beyond the Jordan River,
in Galilee where so many Gentiles live,

¹⁶ the people who sat in darkness have seen a great light.

And for those who lived in the land where death casts its shadow,
a light has shined."^{*}

¹⁷From then on Jesus began to preach, "Repent of your sins and turn to God, for the Kingdom of Heaven is near."^{*}

¹⁸One day as Jesus was walking along the shore of the Sea of Galilee, he saw two brothers—Simon, also called Peter, and Andrew—throwing a net into the water, for they fished for a living. ¹⁹Jesus called out to them, "Come, follow me, and I will show you how to fish for people!" ²⁰And they left their nets at once and followed him.

²¹A little farther up the shore he saw two other brothers, James and John, sitting in a boat with their father, Zebedee, repairing their nets. And he called them to come, too. ²²They immediately followed him, leaving the boat and their father behind.

²³Jesus traveled throughout the region of Galilee, teaching in the synagogues and announcing the Good News about the Kingdom. And he healed every kind of disease and illness. ²⁴News about him spread as far as Syria, and people soon began bringing to him all who were sick. And whatever their sickness or disease, or if they were demon possessed or epileptic or paralyzed—he healed them all. ²⁵Large crowds followed him wherever he went—people from Galilee, the Ten Towns,^{*} Jerusalem, from all over Judea, and from east of the Jordan River.

4:15-16 Isa 9:1-2 (Greek version). **4:17** Or *has come, or is coming soon*. **4:25** Greek *Decapolis*.

PSALM 4:1-8

For the choir director: A psalm of David, to be accompanied by stringed instruments.

¹ **Answer me** when I call to you,
O God who declares me innocent.
Free me from my troubles.
Have mercy on me and hear my prayer.

² How long will you people ruin my reputation?
How long will you make groundless accusations?

How long will you continue your lies? *Interlude*

³ You can be sure of this:
The LORD set apart the godly for himself.
The LORD will answer when I call to him.

⁴ Don't sin by letting anger control you.
Think about it overnight and remain silent. *Interlude*

⁵ Offer sacrifices in the right spirit, and trust the LORD.

⁶ Many people say, "Who will show us better times?"
Let your face smile on us, LORD.

⁷ You have given me greater joy

than those who have abundant harvests of grain and new wine.

⁸ In peace I will lie down and sleep, for you alone, O LORD, will keep me safe.

PROVERBS 1:20-23

Wisdom shouts in the streets. She cries out in the public square. She calls to the crowds along the main street, to those gathered in front of the city gate: "How long, you simpletons, will you insist on being simpleminded? How long will you mockers relish your mocking? How long will you fools hate knowledge? Come and listen to my counsel. I'll share my heart with you and make you wise."

JANUARY 5

GENESIS 11:1-13:4

At the outset of today's reading, humanity is still challenging God rather than worshipping him. After the judgment at the tower of Babel—the event which led to the diversity of human languages and cultures—God chose Abram to go to a new land and build a new nation that would worship and follow him alone.

At one time all the people of the world spoke the same language and used the same words. ²As the people migrated to the east, they found a plain in the land of Babylonia* and settled there.

³They began saying to each other, "Let's make bricks and harden them with fire." (In this region bricks were used instead of stone, and tar was used for mortar.) ⁴Then they said, "Come, let's build a great city for ourselves with a tower that reaches into the sky. This will make us famous and keep us from being scattered all over the world."

⁵But the LORD came down to look at the city and the tower the people were building. ⁶"Look!" he said. "The people are united, and they all speak the same language. After this, nothing they set out to do will be impossible for them! ⁷Come,

let's go down and confuse the people with different languages. Then they won't be able to understand each other."

⁸In that way, the LORD scattered them all over the world, and they stopped building the city. ⁹That is why the city was called Babel,* because that is where the LORD confused the people with different languages. In this way he scattered them all over the world.

¹⁰This is the account of Shem's family.

Two years after the great flood, when Shem was 100 years old, he became the father of* Arphaxad. ¹¹After the birth of* Arphaxad, Shem lived another 500 years and had other sons and daughters.

¹²When Arphaxad was 35 years old, he became the father of Shelah. ¹³After the birth of Shelah, Arphaxad lived another 403 years and had other sons and daughters.*

¹⁴When Shelah was 30 years old, he became the father of Eber. ¹⁵After the birth of Eber, Shelah lived another 403 years and had other sons and daughters.

¹⁶When Eber was 34 years old, he became the father of Peleg. ¹⁷After the birth of Peleg, Eber lived another 430 years and had other sons and daughters.

¹⁸When Peleg was 30 years old, he became the father of Reu. ¹⁹After the birth of Reu, Peleg lived another 209 years and had other sons and daughters.

²⁰When Reu was 32 years old, he became the father of Serug. ²¹After the birth of Serug, Reu lived another 207 years and had other sons and daughters.

²²When Serug was 30 years old, he became the father of Nahor. ²³After the birth of Nahor, Serug lived another 200 years and had other sons and daughters.

²⁴When Nahor was 29 years old, he became the father of Terah. ²⁵After the birth of Terah, Nahor lived another 119 years and had other sons and daughters.

²⁶When Terah was 70 years old, he had become the father of Abram, Nahor, and Haran.

²⁷This is the account of Terah's family. Terah was the father of Abram, Nahor, and Haran; and Haran was the father of Lot. ²⁸But Haran died in Ur of the Chaldeans, the land of his birth, while his father, Terah, was still living. ²⁹Meanwhile, Abram and Nahor both married. The name of Abram's wife was Sarai, and the name of Nahor's wife was Milcah. (Milcah and her sister Iscah were daughters of Nahor's brother Haran.) ³⁰But Sarai was unable to become pregnant and had no children.

³¹One day Terah took his son Abram, his daughter-in-law Sarai (his son Abram's wife), and his grandson Lot (his son Haran's child) and moved away from Ur of the Chaldeans. He was headed for the land of Canaan, but they stopped at Haran and settled there. ³²Terah lived for 205 years* and died while still in Haran.

^{12:1}THE LORD had said to Abram, "Leave your native country, your relatives, and your father's family, and go to the land that I will show you. ²I will make you into a great nation. I will bless you and make you

famous, and you will be a blessing to others. ³I will bless those who bless you and curse those who treat you with contempt. All the families on earth will be blessed through you."

⁴So Abram departed as the LORD had instructed, and Lot went with him. Abram was seventy-five years old when he left Haran. ⁵He took his wife, Sarai, his nephew Lot, and all his wealth—his livestock and all the people he had taken into his household at Haran—and headed for the land of Canaan. When they arrived in Canaan, ⁶Abram traveled through the land as far as Shechem. There he set up camp beside the oak of Moreh. At that time, the area was inhabited by Canaanites.

⁷Then the LORD appeared to Abram and said, "I will give this land to your descendants.*" And Abram built an altar there and dedicated it to the LORD, who had appeared to him. ⁸After that, Abram traveled south and set up camp in the hill country, with Bethel to the west and Ai to the east. There he built another altar and dedicated it to the LORD, and he worshiped the LORD. ⁹Then Abram continued traveling south by stages toward the Negev.

¹⁰At that time a severe famine struck the land of Canaan, forcing Abram to go down to Egypt, where he lived as a foreigner. ¹¹As he was approaching the border of Egypt, Abram said to his wife, Sarai, "Look, you are a very beautiful woman. ¹²When the Egyptians see you, they will say, 'This is his wife. Let's kill him; then we can have her!' ¹³So please tell them you are my sister. Then they will spare my life and treat me well because of their interest in you."

¹⁴And sure enough, when Abram arrived in Egypt, everyone spoke of Sarai's beauty. ¹⁵When the palace officials saw her, they sang her praises to Pharaoh, their king, and Sarai was taken into his palace. ¹⁶Then Pharaoh gave Abram many gifts because of her—sheep, goats, cattle, male and female donkeys, male and female servants, and camels.

¹⁷But the LORD sent terrible plagues upon Pharaoh and his household because of Sarai, Abram's wife. ¹⁸So Pharaoh summoned Abram and accused him

sharply. “What have you done to me?” he demanded. “Why didn’t you tell me she was your wife? ¹⁹Why did you say, ‘She is my sister,’ and allow me to take her as my wife? Now then, here is your wife. Take her and get out of here!” ²⁰Pharaoh ordered some of his men to escort them, and he sent Abram out of the country, along with his wife and all his possessions.

^{13:1} So Abram left Egypt and traveled north into the Negev, along with his wife and Lot and all that they owned. ²(Abram was very rich in livestock, silver, and gold.) ³From the Negev, they continued traveling by stages toward Bethel, and they pitched their tents between Bethel and Ai, where they had camped before. ⁴This was the same place where Abram had built the altar, and there he worshiped the LORD again.

11:2 Hebrew *Shinar*. 11:9 Or *Babylon*. *Babel* sounds like a Hebrew term that means “confusion.” 11:10 Or *the ancestor of*; also in 11:12, 14, 16, 18, 20, 22, 24. 11:11 Or *the birth of this ancestor of*; also in 11:13, 15, 17, 19, 21, 23, 25. 11:12-13 Greek version reads ¹⁹*When Arphaxad was 135 years old, he became the father of Cainan. ²⁰After the birth of Cainan, Arphaxad lived another 430 years and had other sons and daughters, and then he died. When Cainan was 130 years old, he became the father of Shelah. After the birth of Shelah, Cainan lived another 330 years and had other sons and daughters, and then he died.* Compare Luke 3:35-36. 11:32 Some ancient versions read *145 years*; compare 11:26 and 12:4. 12:7 Hebrew *seed*.

MATTHEW 5:1-26

Jesus began his well-known Sermon on the Mount by showing the distinction between God’s values and ours. His words remind us that God holds his people to a higher standard of living—the standard of heart obedience.

One day as he saw the crowds gathering, Jesus went up on the mountainside and sat down. His disciples gathered around him, ²and he began to teach them.

- ³ “God blesses those who are poor and realize their need for him,* for the Kingdom of Heaven is theirs.
- ⁴ God blesses those who mourn, for they will be comforted.
- ⁵ God blesses those who are humble, for they will inherit the whole earth.
- ⁶ God blesses those who hunger and thirst for justice,* for they will be satisfied.
- ⁷ God blesses those who are merciful, for they will be shown mercy.
- ⁸ God blesses those whose hearts are pure, for they will see God.
- ⁹ God blesses those who work for peace, for they will be called the children of God.
- ¹⁰ God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs.

HOW WE LIVE Following Jesus

MATTHEW 5:11-12 Every believer is called not only to believe in Jesus but to follow him as a disciple. A disciple is someone who lives in complete devotion to him and his teachings. That level of dedication is within every believer’s reach, but it isn’t necessarily easy. It requires a certain amount of discipline and sacrifice. • In Matthew 5:11-12, Jesus tells his disciples to be happy when others mistreat them because they are his disciples. Why? Because there awaits a great reward in heaven. God does not forget about the hardships we sometimes face in this world because of loving and following him. • The sacrifices you make as a follower of Jesus may be as small as spending more of your time in God’s Word or devoting a greater amount of your income to supporting a ministry. In some places in the world, people give their very lives in order to be Jesus’ disciples. Ask God to show you ways in which you can serve him. What God asks of you may look very different from what he asks of others. In whatever way he calls you, remember that you are the salt of the earth and the light of the world. What an awesome privilege!

¹¹“God blesses you when people mock you and persecute you and lie about you* and say all sorts of evil things against you because you are my followers. ¹²Be happy about it! Be very glad! For a great reward awaits you in heaven. And remember, the ancient prophets were persecuted in the same way.

¹³“You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless.

¹⁴“You are the light of the world—like a city on a hilltop that cannot be hidden. ¹⁵No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. ¹⁶In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

¹⁷“Don’t misunderstand why I have come. I did not come to abolish the law of Moses or the writings of the prophets. No, I came to accomplish their purpose. ¹⁸I tell you the truth, until heaven and earth disappear, not even the smallest detail of God’s law will disappear until its purpose is achieved. ¹⁹So if you ignore the least commandment and teach others to do the same, you will be called the least in the Kingdom of Heaven. But anyone who obeys God’s laws and teaches them will be called great in the Kingdom of Heaven.

²⁰“But I warn you—unless your righteousness is better than the righteousness of the teachers of religious law and the Pharisees, you will never enter the Kingdom of Heaven!

²¹“You have heard that our ancestors were told, ‘You must not murder. If you commit murder, you are subject to judgment.’* ²²But I say, if you are even angry with someone,* you are subject to judgment! If you call someone an idiot,* you are in danger of being brought before the court. And if you curse someone,* you are in danger of the fires of hell.*

²³“So if you are presenting a sacrifice* at the altar in the Temple and you suddenly remember that someone has something against you, ²⁴leave your sacrifice there at the altar. Go and be reconciled to

that person. Then come and offer your sacrifice to God.

²⁵“When you are on the way to court with your adversary, settle your differences quickly. Otherwise, your accuser may hand you over to the judge, who will hand you over to an officer, and you will be thrown into prison. ²⁶And if that happens, you surely won’t be free again until you have paid the last penny.*”

5:3 Greek poor in spirit. 5:6 Or for righteousness.

5:11 Some manuscripts omit and lie about you. 5:21 Exod

20:13; Deut 5:17. 5:22a Some manuscripts add without

cause. 5:22b Greek uses an Aramaic term of contempt: If you

say to your brother, ‘Raca.’ 5:22c Greek if you say, ‘You fool.’

5:22d Greek Gehenna; also in 5:29, 30. 5:23 Greek gift; also

in 5:24. 5:26 Greek the last kodrantes [i.e., quadrans].

PSALM 5:1-12

For the choir director: A psalm of David, to be accompanied by the flute.

- 1 **○** LORD, hear me as I pray;
pay attention to my groaning.
- 2 Listen to my cry for help, my King and my God,
for I pray to no one but you.
- 3 Listen to my voice in the morning, LORD.
Each morning I bring my requests
to you and wait expectantly.
- 4 O God, you take no pleasure in
wickedness;
you cannot tolerate the sins of the
wicked.
- 5 Therefore, the proud may not stand
in your presence,
for you hate all who do evil.
- 6 You will destroy those who tell lies.
The LORD detests murderers and
deceivers.
- 7 Because of your unfailing love, I can
enter your house;
I will worship at your Temple with
deepest awe.
- 8 Lead me in the right path, O LORD,
or my enemies will conquer me.
Make your way plain for me to follow.
- 9 My enemies cannot speak a truthful
word.
Their deepest desire is to destroy
others.
Their talk is foul, like the stench from
an open grave.
Their tongues are filled with flattery.*

- ¹⁰ O God, declare them guilty.
Let them be caught in their own traps.
Drive them away because of their many sins,
for they have rebelled against you.
- ¹¹ But let all who take refuge in you rejoice;
let them sing joyful praises forever.
Spread your protection over them,
that all who love your name may be filled with joy.
- ¹² For you bless the godly, O LORD;
you surround them with your shield of love.

5:9 Greek version reads *with lies*. Compare Rom 3:12.

PROVERBS 1:24-28

“I [Wisdom] called you so often, but you wouldn’t come. I reached out to you, but you paid no attention. You ignored my advice and rejected the correction I offered. So I will laugh when you are in trouble! I will mock you when disaster overtakes you—when calamity overtakes you like a storm, when disaster engulfs you like a cyclone, and anguish and distress overwhelm you. □ “When they cry for help, I will not answer. Though they anxiously search for me, they will not find me.”

JANUARY 6

GENESIS 13:5-15:21

Abram and his family arrived in the land God had promised to give to him and his descendants. Abram began to grow in wealth and status, but his wife, Sarai, was still unable to have a child. So God came to Abram again and solidified his promise to give him many descendants.

Lot, who was traveling with Abram, had also become very wealthy with flocks of sheep and goats, herds of cattle, and many tents. ⁶But the land could not support both Abram and Lot with all their flocks and herds living so close together. ⁷So disputes broke out between the herdsmen of Abram and Lot. (At that time Canaanites and Perizzites were also living in the land.)

⁸Finally Abram said to Lot, “Let’s not allow this conflict to come between us or our herdsmen. After all, we are close relatives! ⁹The whole countryside is open to you. Take your choice of any section of the land you want, and we will separate. If you want the land to the left, then I’ll take the land on the right. If you prefer the land on the right, then I’ll go to the left.”

¹⁰Lot took a long look at the fertile plains of the Jordan Valley in the direc-

tion of Zoar. The whole area was well watered everywhere, like the garden of the LORD or the beautiful land of Egypt. (This was before the LORD destroyed Sodom and Gomorrah.) ¹¹Lot chose for himself the whole Jordan Valley to the east of them. He went there with his flocks and servants and parted company with his uncle Abram. ¹²So Abram settled in the land of Canaan, and Lot moved his tents to a place near Sodom and settled among the cities of the plain. ¹³But the people of this area were extremely wicked and constantly sinned against the LORD.

¹⁴After Lot had gone, the LORD said to Abram, “Look as far as you can see in every direction—north and south, east and west.

¹⁵I am giving all this land, as far as you can see, to you and your descendants* as a permanent possession. ¹⁶And I will give you so many descendants that, like the dust of the earth, they cannot be counted! ¹⁷Go and walk through the land in every direction, for I am giving it to you.”

¹⁸So Abram moved his camp to Hebron and settled near the oak grove belonging to Mamre. There he built another altar to the LORD.

^{14:1}ABOUT this time war broke out in the region. King Amraphel of Babylonia,* King Arioch of Ellasar, King Kedorlaomer of Elam, and King Tidal of Goiim ²fought against King Bera of Sodom, King Birsha of Gomorrah, King Shinab of Admah, King Shemeber of Zeboiim, and the king of Bela (also called Zoar).

³This second group of kings joined forces in Siddim Valley (that is, the valley of the Dead Sea*). ⁴For twelve years they had been subject to King Kedorlaomer, but in the thirteenth year they rebelled against him.

⁵One year later Kedorlaomer and his allies arrived and defeated the Rephaites at Ashteroth-karnaim, the Zuzites at Ham, the Emites at Shaveh-kiriathaim, ⁶and the Horites at Mount Seir, as far as El-paran at the edge of the wilderness. ⁷Then they turned back and came to Enmishpat (now called Kadesh) and conquered all the territory of the Amalekites, and also the Amorites living in Hazazon-tamar.

⁸Then the rebel kings of Sodom, Gomorrah, Admah, Zeboiim, and Bela (also called Zoar) prepared for battle in the valley of the Dead Sea.* ⁹They fought against King Kedorlaomer of Elam, King Tidal of Goiim, King Amraphel of Babylonia, and King Arioch of Ellasar—four kings against five. ¹⁰As it happened, the valley of the Dead Sea was filled with tar pits. And as the army of the kings of Sodom and Gomorrah fled, some fell into the tar pits, while the rest escaped into the mountains. ¹¹The victorious invaders then plundered Sodom and Gomorrah and headed for home, taking with them all the spoils of war and the food supplies. ¹²They also captured Lot—Abram's nephew who lived in Sodom—and carried off everything he owned.

¹³But one of Lot's men escaped and reported everything to Abram the Hebrew, who was living near the oak grove belonging to Mamre the Amorite. Mamre and his relatives, Eshcol and Aner, were Abram's allies.

¹⁴When Abram heard that his nephew Lot had been captured, he mobilized the 318 trained men who had been born into his household. Then he pursued

Kedorlaomer's army until he caught up with them at Dan. ¹⁵There he divided his men and attacked during the night. Kedorlaomer's army fled, but Abram chased them as far as Hobah, north of Damascus. ¹⁶Abram recovered all the goods that had been taken, and he brought back his nephew Lot with his possessions and all the women and other captives.

¹⁷After Abram returned from his victory over Kedorlaomer and all his allies, the king of Sodom went out to meet him in the valley of Shaveh (that is, the King's Valley).

¹⁸And Melchizedek, the king of Salem and a priest of God Most High,* brought Abram some bread and wine. ¹⁹Melchizedek blessed Abram with this blessing:

“Blessed be Abram by God
Most High,
Creator of heaven and earth.
²⁰ And blessed be God Most High,
who has defeated your enemies
for you.”

Then Abram gave Melchizedek a tenth of all the goods he had recovered.

²¹The king of Sodom said to Abram, “Give back my people who were captured. But you may keep for yourself all the goods you have recovered.”

²²Abram replied to the king of Sodom, “I solemnly swear to the LORD, God Most High, Creator of heaven and earth, ²³that I will not take so much as a single thread or sandal thong from what belongs to you. Otherwise you might say, ‘I am the one who made Abram rich.’ ²⁴I will accept only what my young warriors have already eaten, and I request that you give a fair share of the goods to my allies—Aner, Eshcol, and Mamre.”

^{15:1}SOME time later, the LORD spoke to Abram in a vision and said to him, “Do not be afraid, Abram, for I will protect you, and your reward will be great.”

²But Abram replied, “O Sovereign LORD, what good are all your blessings when I don't even have a son? Since you've given me no children, Eliezer of Damascus, a servant in my household, will inherit all my wealth. ³You have given

me no descendants of my own, so one of my servants will be my heir."

⁴Then the LORD said to him, "No, your servant will not be your heir, for you will have a son of your own who will be your heir." ⁵Then the LORD took Abram outside and said to him, "Look up into the sky and count the stars if you can. That's how many descendants you will have!"

⁶And Abram believed the LORD, and the LORD counted him as righteous because of his faith.

⁷Then the LORD told him, "I am the LORD who brought you out of Ur of the Chaldeans to give you this land as your possession."

⁸But Abram replied, "O Sovereign LORD, how can I be sure that I will actually possess it?"

⁹The LORD told him, "Bring me a three-year-old heifer, a three-year-old female goat, a three-year-old ram, a turtledove, and a young pigeon." ¹⁰So Abram presented all these to him and killed them. Then he cut each animal down the middle and laid the halves side by side; he did not, however, cut the birds in half.

¹¹Some vultures swooped down to eat the carcasses, but Abram chased them away.

¹²As the sun was going down, Abram

fell into a deep sleep, and a terrifying darkness came down over him. ¹³Then the LORD said to Abram, "You can be sure that your descendants will be strangers in a foreign land, where they will be oppressed as slaves for 400 years. ¹⁴But I will punish the nation that enslaves them, and in the end they will come away with great wealth. ¹⁵(As for you, you will die in peace and be buried at a ripe old age.) ¹⁶After four generations your descendants will return here to this land, for the sins of the Amorites do not yet warrant their destruction."

¹⁷After the sun went down and darkness fell, Abram saw a smoking firepot and a flaming torch pass between the halves of the carcasses. ¹⁸So the LORD made a covenant with Abram that day and said, "I have given this land to your descendants, all the way from the border of Egypt* to the great Euphrates River—¹⁹the land now occupied by the Kenites, Kenizzites, Kadmonites, ²⁰Hittites, Perizzites, Rephaites, ²¹Amorites, Canaanites, Girgashites, and Jebusites."

13:15 Hebrew *seed*; also in 13:16. 14:1 Hebrew *Shinar*; also in 14:9. 14:3 Hebrew *Salt Sea*. 14:8 Hebrew *Siddim Valley* (see 14:3); also in 14:10. 14:18 Hebrew *El-Elyon*; also in 14:19, 20, 22. 15:18 Hebrew *the river of Egypt*, referring either to an eastern branch of the Nile River or to the Brook of Egypt in the Sinai (see Num 34:5).

WHAT THE BIBLE SAYS Salvation and forgiveness

MATTHEW 5:43-45 Jesus teaches that we must love our enemies and pray for them. He's not talking so much about a feeling as he is about a decision. By praying for your enemies, you are extending to them the same love Christ has for you. That still doesn't make it easy, however. True forgiveness is impossible without the help of the Holy Spirit. We all fall short in the area of forgiveness in one way or another, but take heart. The Bible is full of examples of the divine nature of forgiveness: God's Spirit kept David from taking advantage of an opportunity to kill King Saul, a man who sought to murder David (1 Samuel 24, May 19); God's Spirit allowed Stephen to pray for the very people who were stoning him to death (Acts 7:59-60, June 11). The ultimate act of forgiveness was modeled by Jesus. While nailed to the cross, Jesus prayed, "Father, forgive them, for they don't know what they are doing" (Luke 23:34, April 27). • As a believer, you have God's Spirit within you. He will enable you to love, pray for, and forgive even those who hate or hurt you.

MATTHEW 5:27-48

Jesus' Sermon on the Mount calls us to go beyond what the world considers normal and right and to love others proactively. By being kind, even to those who are unkind, we manifest God's presence in the world.

"You have heard the commandment that says, 'You must not commit adultery.'²⁸ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.²⁹ So if your eye—even your good eye*—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.³⁰ And if your hand—even your stronger hand*—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

³¹"You have heard the law that says, 'A man can divorce his wife by merely giving her a written notice of divorce.'³² But I say that a man who divorces his wife, unless she has been unfaithful, causes her to commit adultery. And anyone who marries a divorced woman also commits adultery.

³³"You have also heard that our ancestors were told, 'You must not break your vows; you must carry out the vows you make to the LORD.'³⁴ But I say, do not make any vows! Do not say, 'By heaven!' because heaven is God's throne.³⁵ And do not say, 'By the earth!' because the earth is his footstool. And do not say, 'By Jerusalem!' for Jerusalem is the city of the great King.³⁶ Do not even say, 'By my head!' for you can't turn one hair white or black.³⁷ Just say a simple, 'Yes, I will,' or 'No, I won't.' Anything beyond this is from the evil one.

³⁸"You have heard the law that says the punishment must match the injury: 'An eye for an eye, and a tooth for a tooth.'³⁹ But I say, do not resist an evil person! If someone slaps you on the right cheek, offer the other cheek also.⁴⁰ If you are sued in court and your shirt is taken from you, give your coat, too.⁴¹ If a soldier demands that you carry his gear for a mile,* carry it two miles.⁴² Give to those who

ask, and don't turn away from those who want to borrow.

⁴³"You have heard the law that says, 'Love your neighbor'* and hate your enemy.⁴⁴ But I say, love your enemies!* Pray for those who persecute you!⁴⁵ In that way, you will be acting as true children of your Father in heaven. For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike.⁴⁶ If you love only those who love you, what reward is there for that? Even corrupt tax collectors do that much.⁴⁷ If you are kind only to your friends,* how are you different from anyone else? Even pagans do that.⁴⁸ But you are to be perfect, even as your Father in heaven is perfect."

5:27 Exod 20:14; Deut 5:18. 5:29 Greek *your right eye*. 5:30 Greek *your right hand*. 5:31 Deut 24:1. 5:33 Num 30:2. 5:38 Greek *the law that says: 'An eye for an eye and a tooth for a tooth.'* Exod 21:24; Lev 24:20; Deut 19:21. 5:41 Greek *million* (4,854 feet or 1,478 meters). 5:43 Lev 19:18. 5:44 Some manuscripts add *Bless those who curse you. Do good to those who hate you.* Compare Luke 6:27-28. 5:47 Greek *your brothers*.

PSALM 6:1-10

*For the choir director: A psalm of David, to be accompanied by an eight-stringed instrument.**

- 1 **○** LORD, don't rebuke me in your anger
or discipline me in your rage.
- 2 Have compassion on me, LORD, for I am weak.
Heal me, LORD, for my bones are in agony.
- 3 I am sick at heart.
How long, O LORD, until you restore me?
- 4 Return, O LORD, and rescue me.
Save me because of your unfailing love.
- 5 For the dead do not remember you.
Who can praise you from the grave?*
- 6 I am worn out from sobbing.
All night I flood my bed with weeping,
drenching it with my tears.
- 7 My vision is blurred by grief;
my eyes are worn out because of all my enemies.

- ⁸ Go away, all you who do evil,
for the LORD has heard my
weeping.
- ⁹ The LORD has heard my plea;
the LORD will answer my prayer.
- ¹⁰ May all my enemies be disgraced and
terrified.
May they suddenly turn back in
shame.

6:TITLE Hebrew with stringed instruments; according to the sheminith. **6:5** Hebrew from Sheol?

PROVERBS 1:29-33

For they hated knowledge and chose not to fear the LORD. They rejected my advice and paid no attention when I corrected them. Therefore, they must eat the bitter fruit of living their own way, choking on their own schemes. For simpletons turn away from me—to death. Fools are destroyed by their own complacency. But all who listen to me will live in peace, untroubled by fear of harm.”

JANUARY 7

GENESIS 16:1-18:15

God had promised Abram and Sarai a son, but they became impatient as the years passed. They tried to meddle with God’s promise and ended up with difficult consequences as a result.

Now Sarai, Abram’s wife, had not been able to bear children for him. But she had an Egyptian servant named Hagar. ²So Sarai said to Abram, “The LORD has prevented me from having children. Go and sleep with my servant. Perhaps I can have children through her.” And Abram agreed with Sarai’s proposal. ³So Sarai, Abram’s wife, took Hagar the Egyptian servant and gave her to Abram as a wife. (This happened ten years after Abram had settled in the land of Canaan.)

⁴So Abram had sexual relations with Hagar, and she became pregnant. But when Hagar knew she was pregnant, she began to treat her mistress, Sarai, with contempt. ⁵Then Sarai said to Abram, “This is all your fault! I put my servant into your arms, but now that she’s pregnant she treats me with contempt. The LORD will show who’s wrong—you or me!”

⁶Abram replied, “Look, she is your servant, so deal with her as you see fit.” Then Sarai treated Hagar so harshly that she finally ran away.

⁷The angel of the LORD found Hagar beside a spring of water in the wilderness, along the road to Shur. ⁸The angel said to her, “Hagar, Sarai’s servant, where have you come from, and where are you going?”

“I’m running away from my mistress, Sarai,” she replied.

⁹The angel of the LORD said to her, “Return to your mistress, and submit to her authority.” ¹⁰Then he added, “I will give you more descendants than you can count.”

¹¹And the angel also said, “You are now pregnant and will give birth to a son. You are to name him Ishmael (which means ‘God hears’), for the LORD has heard your cry of distress. ¹²This son of yours will be a wild man, as untamed as a wild donkey! He will raise his fist against everyone, and everyone will be against him. Yes, he will live in open hostility against all his relatives.”

¹³Thereafter, Hagar used another name to refer to the LORD, who had spoken to her. She said, “You are the God who sees me.”* She also said, “Have I truly seen the One who sees me?” ¹⁴So that well was named Beer-lahai-roi (which means “well of the Living One who sees me”). It can still be found between Kadesh and Bered.

¹⁵So Hagar gave Abram a son, and Abram named him Ishmael. ¹⁶Abram was eighty-six years old when Ishmael was born.

^{17:1}WHEN Abram was ninety-nine years old, the LORD appeared to him and said, “I am El-Shaddai—‘God Almighty.’ Serve me faithfully and live a blameless life. ²I will make a covenant with you, by which

I will guarantee to give you countless descendants.”

³At this, Abram fell face down on the ground. Then God said to him, ⁴“This is my covenant with you: I will make you the father of a multitude of nations! ⁵What’s more, I am changing your name. It will no longer be Abram. Instead, you will be called Abraham,* for you will be the father of many nations. ⁶I will make you extremely fruitful. Your descendants will become many nations, and kings will be among them!

⁷“I will confirm my covenant with you and your descendants* after you, from generation to generation. This is the everlasting covenant: I will always be your God and the God of your descendants after you. ⁸And I will give the entire land of Canaan, where you now live as a foreigner, to you and your descendants. It will be their possession forever, and I will be their God.”

⁹Then God said to Abraham, “Your responsibility is to obey the terms of the covenant. You and all your descendants have this continual responsibility. ¹⁰This is the covenant that you and your descendants must keep: Each male among you must be circumcised. ¹¹You must cut off the flesh of your foreskin as a sign of the covenant between me and you. ¹²From generation to generation, every male child must be circumcised on the eighth day after his birth. This applies not only to members of your family but also to the servants born in your household and the foreign-born servants whom you have purchased. ¹³All must be circumcised. Your bodies will bear the mark of my everlasting covenant. ¹⁴Any male who fails to be circumcised will be cut off from the covenant family for breaking the covenant.”

¹⁵Then God said to Abraham, “Regarding Sarai, your wife—her name will no longer be Sarai. From now on her name will be Sarah.* ¹⁶And I will bless her and give you a son from her! Yes, I will bless her richly, and she will become the mother of many nations. Kings of nations will be among her descendants.”

¹⁷Then Abraham bowed down to the ground, but he laughed to himself in disbelief. “How could I become a father at

the age of 100?” he thought. “And how can Sarah have a baby when she is ninety years old?” ¹⁸So Abraham said to God, “May Ishmael live under your special blessing!”

¹⁹But God replied, “No—Sarah, your wife, will give birth to a son for you. You will name him Isaac,* and I will confirm my covenant with him and his descendants as an everlasting covenant. ²⁰As for Ishmael, I will bless him also, just as you have asked. I will make him extremely fruitful and multiply his descendants. He will become the father of twelve princes, and I will make him a great nation. ²¹But my covenant will be confirmed with Isaac, who will be born to you and Sarah about this time next year.” ²²When God had finished speaking, he left Abraham.

²³On that very day Abraham took his son, Ishmael, and every male in his household, including those born there and those he had bought. Then he circumcised them, cutting off their foreskins, just as God had told him. ²⁴Abraham was ninety-nine years old when he was circumcised, ²⁵and Ishmael, his son, was thirteen. ²⁶Both Abraham and his son, Ishmael, were circumcised on that same day, ²⁷along with all the other men and boys of the household, whether they were born there or bought as servants. All were circumcised with him.

18:1THE LORD appeared again to Abraham near the oak grove belonging to Mamre. One day Abraham was sitting at the entrance to his tent during the hottest part of the day. ²He looked up and noticed three men standing nearby. When he saw them, he ran to meet them and welcomed them, bowing low to the ground.

³“My lord,” he said, “if it pleases you, stop here for a while. ⁴Rest in the shade of this tree while water is brought to wash your feet. ⁵And since you’ve honored your servant with this visit, let me prepare some food to refresh you before you continue on your journey.”

“All right,” they said. “Do as you have said.”

⁶So Abraham ran back to the tent and said to Sarah, “Hurry! Get three large

measures* of your best flour, knead it into dough, and bake some bread.” ⁷Then Abraham ran out to the herd and chose a tender calf and gave it to his servant, who quickly prepared it. ⁸When the food was ready, Abraham took some yogurt and milk and the roasted meat, and he served it to the men. As they ate, Abraham waited on them in the shade of the trees.

⁹“Where is Sarah, your wife?” the visitors asked.

“She’s inside the tent,” Abraham replied.

¹⁰Then one of them said, “I will return to you about this time next year, and your wife, Sarah, will have a son!”

Sarah was listening to this conversation from the tent. ¹¹Abraham and Sarah were both very old by this time, and Sarah was long past the age of having children. ¹²So she laughed silently to herself and said, “How could a worn-out woman like me enjoy such pleasure, especially when my master—my husband—is also so old?”

¹³Then the LORD said to Abraham, “Why did Sarah laugh? Why did she say, ‘Can an old woman like me have a baby?’ ¹⁴Is anything too hard for the LORD? I will return about this time next year, and Sarah will have a son.”

¹⁵Sarah was afraid, so she denied it, saying, “I didn’t laugh.”

But the LORD said, “No, you did laugh.”

16:13 Hebrew *El-roi*. **17:5** *Abram* means “exalted father”; *Abraham* sounds like a Hebrew term that means “father of many.” **17:7** Hebrew *seed*; also in **17:7b, 8, 9, 10, 19**. **17:15** *Sarai* and *Sarah* both mean “princess.” **17:19** *Isaac* means “he laughs.” **18:6** Hebrew *3seahs*, about 15 quarts or 18 liters.

MATTHEW 6:1-24

In today’s reading, Jesus exposes the futility of living merely for worldly recognition and wealth. He also gives his disciples a model prayer to guide their own personal praying to God.

“**Watch out!** Don’t do your good deeds publicly, to be admired by others, for you will lose the reward from your Father in heaven. ²When you give to someone in need, don’t do as the hypocrites do—blowing trumpets in the synagogues and streets to call attention to their acts of charity! I tell you the truth, they have received all the reward they will ever get. ³But when you give to someone in need, don’t let your left hand know what your right hand is doing. ⁴Give your gifts in private, and your Father, who sees everything, will reward you.

⁵“When you pray, don’t be like the hypocrites who love to pray publicly on street corners and in the synagogues

HOW WE LIVE Prayer

MATTHEW 6:7-8 Some people repeat the prayer known as the Lord’s Prayer (Matthew 6:9-13) over and over, as if it were an incantation that will give them whatever they ask. While Jesus does encourage us to be persistent in our prayers, we must remember that shallow repetition without sincerity will get us nowhere. • In today’s reading, Jesus provides us with a simple prayer as a model for our own prayers. This is why he said, “Pray like this” (Matthew 6:9). His example prayer puts the focus on God first and our own needs second. We begin by honoring God’s name and anticipating his coming Kingdom. Then we ask that his will be done; that is, no matter what our following requests may be, we recognize that his will supercedes our own desires because he knows what is best for us. Next we make our requests known to God, acknowledging him as our provider. We know he will never tempt us, but we must pray for strength not to give in to temptation and to be delivered from evil influences. • While repetition of the Lord’s Prayer can be very meaningful, it is important to use it as a model prayer in which you praise him, pray for his continued work in the world, and pray for your daily needs, both physical and spiritual.

where everyone can see them. I tell you the truth, that is all the reward they will ever get. ⁶But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.

⁷“When you pray, don’t babble on and on as people of other religions do. They think their prayers are answered merely by repeating their words again and again. ⁸Don’t be like them, for your Father knows exactly what you need even before you ask him! ⁹Pray like this:

Our Father in heaven,
 may your name be kept holy.

¹⁰ May your Kingdom come soon.
 May your will be done on earth,
 as it is in heaven.

¹¹ Give us today the food we need,*

¹² and forgive us our sins,
 as we have forgiven those who sin
 against us.

¹³ And don’t let us yield to
 temptation,*
 but rescue us from the evil one.*

¹⁴“If you forgive those who sin against you, your heavenly Father will forgive you.

¹⁵But if you refuse to forgive others, your Father will not forgive your sins.

¹⁶“And when you fast, don’t make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. ¹⁷But when you fast, comb your hair and wash your face. ¹⁸Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

¹⁹“Don’t store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. ²⁰Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. ²¹Wherever your treasure is, there the desires of your heart will also be.

²²“Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. ²³But when your eye is bad, your whole body is filled with darkness. And if the light you

think you have is actually darkness, how deep that darkness is!

²⁴“No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve both God and money.”

6:11 Or Give us today our food for the day; or Give us today our food for tomorrow. 6:13a Or And keep us from being tested. 6:13b Or from evil. Some manuscripts add For yours is the kingdom and the power and the glory forever. Amen.

PSALM 7:1-17

A psalm of David, which he sang to the LORD concerning Cush of the tribe of Benjamin.

¹ I come to you for protection, O LORD
 my God.

Save me from my persecutors—
 rescue me!

² If you don’t, they will maul me like
 a lion,
 tearing me to pieces with no one
 to rescue me.

³ O LORD my God, if I have done wrong
 or am guilty of injustice,

⁴ if I have betrayed a friend
 or plundered my enemy without
 cause,

⁵ then let my enemies capture me.
 Let them trample me into the
 ground
 and drag my honor in the dust.

Interlude

⁶ Arise, O LORD, in anger!
 Stand up against the fury of my
 enemies!

Wake up, my God, and bring justice!

⁷ Gather the nations before you.
 Rule over them from on high.

⁸ The LORD judges the nations.

Declare me righteous, O LORD,
 for I am innocent, O Most High!

⁹ End the evil of those who are wicked,
 and defend the righteous.

For you look deep within the mind
 and heart,
 O righteous God.

¹⁰ God is my shield,
 saving those whose hearts are true
 and right.

¹¹ God is an honest judge.
 He is angry with the wicked every
 day.

- ¹² If a person does not repent,
God* will sharpen his sword;
he will bend and string his bow.
- ¹³ He will prepare his deadly weapons
and shoot his flaming arrows.
- ¹⁴ The wicked conceive evil;
they are pregnant with trouble
and give birth to lies.
- ¹⁵ They dig a deep pit to trap others,
then fall into it themselves.
- ¹⁶ The trouble they make for others
backfires on them.
The violence they plan falls on
their own heads.
- ¹⁷ I will thank the LORD because he
is just;

I will sing praise to the name of the
LORD Most High.

7:12 Hebrew *he*.

PROVERBS 2:1-5

My child,* listen to what I say, and treasure my commands. Tune your ears to wisdom, and concentrate on understanding. Cry out for insight, and ask for understanding. Search for them as you would for silver; seek them like hidden treasures. Then you will understand what it means to fear the LORD, and you will gain knowledge of God.

2:1 Hebrew *My son*.

JANUARY 8

GENESIS 18:16-19:38

God confirmed Abraham's special status when he revealed to Abraham his plans to destroy the hopelessly wicked Sodom and Gomorrah. Through Abraham's intervention, Lot was saved from the destruction.

Then the men got up from their meal and looked out toward Sodom. As they left, Abraham went with them to send them on their way.

¹⁷"Should I hide my plan from Abraham?" the LORD asked. ¹⁸"For Abraham will certainly become a great and mighty nation, and all the nations of the earth will be blessed through him. ¹⁹I have singled him out so that he will direct his sons and their families to keep the way of the LORD by doing what is right and just. Then I will do for Abraham all that I have promised."

²⁰So the LORD told Abraham, "I have heard a great outcry from Sodom and Gomorrah, because their sin is so flagrant. ²¹I am going down to see if their actions are as wicked as I have heard. If not, I want to know."

²²The other men turned and headed toward Sodom, but the LORD remained with Abraham. ²³Abraham approached

him and said, "Will you sweep away both the righteous and the wicked?"

²⁴Suppose you find fifty righteous people living there in the city—will you still sweep it away and not spare it for their sakes? ²⁵Surely you wouldn't do such a thing, destroying the righteous along with the wicked. Why, you would be treating the righteous and the wicked exactly the same! Surely you wouldn't do that! Should not the Judge of all the earth do what is right?"

²⁶And the LORD replied, "If I find fifty righteous people in Sodom, I will spare the entire city for their sake."

²⁷Then Abraham spoke again. "Since I have begun, let me speak further to my Lord, even though I am but dust and ashes. ²⁸Suppose there are only forty-five righteous people rather than fifty? Will you destroy the whole city for lack of five?"

And the LORD said, "I will not destroy it if I find forty-five righteous people there."

²⁹Then Abraham pressed his request further. "Suppose there are only forty?"

And the LORD replied, "I will not destroy it for the sake of the forty."

³⁰"Please don't be angry, my Lord,"